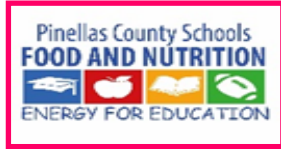


# September 2024

# High Lunch Menu



## Fun Fact

### Snap Beans

- Snap beans can be green, yellow, purple, speckled, and more
- Green beans have a high level of vitamin K.
- After tomatoes and peppers, green beans are the third most common home-garden vegetable

### Daily Lunch Choices

#### Choose 1:

- Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches

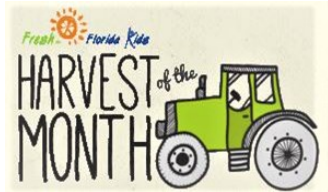
#### Must Choose at least 1:

- Hot & Cold Vegetables
- Variety of Fruits & Juices (may choose up to 2 servings each of fruits & veggies with their meal)

#### May Choose 1 Milk:

- Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>Happy LABOR DAY</b></p>	<p>3</p> <p><b>Choose One:</b> Beef or Pork Tacos Mini Cheese Calzones Chicken Caesar Salad Any Timers Cheese Pizza</p> <p><b>Choose:</b> Refried Fiesta Beans Marinara Sauce Cup Sliced Cucumber Side Salad</p>	<p>4</p> <p><b>Choose One:</b> Tangerine Chicken w/ Rice &amp; Fortune Cookie Macaroni &amp; Cheese w/ Roll Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Broccoli Florets House Mixed Side Salad</p>	<p>5</p> <p><b>Choose One:</b> Pizza Variety Crispy Chicken Sandwich Spicy Chicken sandwich Chicken BLT Salad Any Timers Turkey &amp; Cheese</p> <p><b>Choose:</b> Deli Roasted Potato Romaine Side Salad</p>	<p>6</p> <p><b>Choose One:</b> Brunch for Lunch Alaskan Fish Sticks &amp; Tater Tots Basket w/ Goldfish Pretzels Fruit &amp; Yogurt Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Crispy Tator Tots Carrot Dippers Side Salad</p>
<p>9</p> <p><b>Choose One:</b> Grilled Cheese Grilled Ham &amp; Cheese Cherry Blossom Chicken w/ Lo Mein &amp; Fortune Cookie Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Tomato Soup Farmstand Veggie Dippers</p>	<p>10</p> <p><b>Choose One:</b> Max Snax Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza</p> <p><b>Choose:</b> Green Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>11</p> <p><b>Choose One:</b> Cheesy Bread Popcorn Chicken Bowl w/ Biscuit Yogurt, Fruit &amp; Granola Parfait PBJ Uncrustable Kit</p> <p><b>Choose:</b> Mashed Potato &amp; Gravy Corn Niblets Marinara Sauce Cup</p>	<p>12</p> <p><b>Choose One:</b> Pizza Variety Chicken &amp; Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey &amp; Cheese</p> <p><b>Choose:</b> Broccoli Florets Romaine Side Salad</p>	<p>13</p> <p><b>Choose One:</b> Hamburger on a Bun Cheeseburger on a Bun Baja Fish Tacos w/Tortillas Fruit &amp; Yogurt Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Country Baked Beans Carrot Dippers Side Salad</p>
<p>16</p> <p><b>Choose One:</b> Chicken Tenders &amp; Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit</p> <p><b>Choose:</b> Corn Niblets Farmstand Veggie Dippers</p>	<p>17</p> <p><b>Choose One:</b> Cheese Max Sticks BBQ Pork &amp; Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza</p> <p><b>Choose:</b> Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>18</p> <p><b>Choose One:</b> Teriyaki Beef Dippers w/ Rice &amp; Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit &amp; Granola Parfait PBJ Uncrustable Kit</p> <p><b>Choose:</b> Crinkle Crispy Fries House Mixed Side Salad</p>	<p>19</p> <p><b>Choose One:</b> Pizza Variety Breaded Chicken Drumstick w/ Macaroni &amp; Cheese &amp; Cheetos Baked Snacks Apple a Day Salad Plate Chicken Caesar Wrap Any Timers Turkey &amp; Cheese</p> <p><b>Choose:</b> Green Beans Romaine Side Salad</p>	<p>20</p> <p><b>Choose One:</b> Chicken Penne Alfredo w/ Garlic Bread Crunchy Breaded Alaskan Fish Sandwich Fruit &amp; Yogurt Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Broccoli Florets Carrot Dippers Side Salad</p>
<p>19</p> <p><b>Choose One:</b> Grilled Cheese Grilled Ham &amp; Cheese Cherry Blossom Chicken w/ Lo Mein &amp; Fortune Cookie Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Tomato Soup Farmstand Veggie Dippers</p>	<p>24</p> <p><b>Choose One:</b> Beef or Pork Tacos Mini Cheese Calzones Chicken Caesar Salad Any Timers Cheese Pizza</p> <p><b>Choose:</b> Refried Fiesta Beans Marinara Sauce Cup Sliced Cucumber Side Salad</p>	<p>25</p> <p><b>Choose One:</b> Tangerine Chicken w/ Rice &amp; Fortune Cookie Macaroni &amp; Cheese w/ Roll Apple a Day Salad Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Broccoli Florets House Mixed Side Salad</p>	<p>26</p> <p><b>Choose One:</b> Pizza Variety Crispy Chicken Sandwich Spicy Chicken sandwich Chicken BLT Salad Any Timers Turkey &amp; Cheese</p> <p><b>Choose:</b> Deli Roasted Potato Romaine Side Salad</p>	<p>27</p> <p><b>Choose One:</b> Brunch for Lunch Alaskan Fish Sticks &amp; Tater Tots Basket w/ Goldfish Pretzels Fruit &amp; Yogurt Plate PBJ Uncrustable Kit</p> <p><b>Choose:</b> Crispy Tator Tots Carrot Dippers Side Salad</p>



Menus are subject to change!

We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

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